

Nutrition & Physical Activity State Plan

Montana Fish, Wildlife & Parks Montana Recreation & Parks Association

Doug Habermann, Regional Parks Manager, Fish, Wildlife & Parks – To conserve a representative diversity of the state’s natural, cultural and recreational amenities, provide resource education and interpretation, and help facilitate sustainable economic development through tourism.

President, Montana Recreation and Parks Association - The MRPA mission is to improve the quality of life in Montana through parks, recreation, natural resources, and tourism.

Activities Relevant to State Plan to Prevent Obesity: Provide parks, trails and other outdoor recreation facilities and opportunities.

Services/Recipients: Public citizens of the State of Montana, residents of local communities and visitors to our state, cities and towns.

State Plan Settings: The built environment

CDC Behaviors:

- Increasing physical activity through providing safe and usable parks, trails and other facilities and programming to encourage physical activity and a life-long interest in the outdoors.
- Decreasing screen time through providing safe and usable parks, trails and other facilities and programming to encourage physical activity and a life-long interest in the outdoors.

Gaps and Concerns: Increased funding for parks, trails and other recreational facilities providing opportunity close to population centers. A stable funding source for parks and trails operations, maintenance and programming, particularly at the local and state level.