

NAPA's Obesity Prevention Plan 2011-2020

Planning Summit April 28-29, 2010

AGENDA

Goal of the Meeting: Initiate a collaborative statewide 10-year plan for obesity prevention. With NAPA's support, this plan will be further developed and completed by January 2011.

Desired Outcomes

1. Develop a shared understanding of the obesity issue in Montana – its extent and trends, costs and future implications for Montana.
2. Learn about system approaches to upstream intervention and NAPA's evidence-based strategies for policy and environmental change.
3. Learn from innovative prevention work underway in Montana, and identify the most significant barriers and opportunities to widespread use of prevention strategies.
4. Develop a vision of successful prevention work in Montana in the next ten years.
5. For each work group, on April 29th:
 - Identify the assets and resources and current and planned prevention work and compare with NAPA's goals
 - Review barriers and identify significant opportunities and leverage for policy and environmental change
 - Develop goals for prevention (2 year, 5 year and 10 year) and who can do what
6. Build relationships and widen the network of leaders across the state with whom you can work.

DAY 1 Plenary Day

9:00	Registration opens, refreshments
10:00 -10:20	Welcome Purpose: Welcome and introductions
10:20 – 11:15	The Issue of Obesity in MT Purpose: Overview of obesity issue using the socio-ecological model; and ground it in Montana's context and experiences.
11:15—12:30	Prevention as a System Approach Purpose: Provide a research-based analysis of upstream obesity prevention and current research on effective prevention at a state-wide systems level.
12:30-2:00	Lunch and Physical Activity
2:00 -3:00	NAPA's Approach and Planning Process Purpose: Learn about NAPA's approach -- 6 behaviors, in 7 settings. Review findings from last plan and purpose and steps for this 10 year plan.
3:00	Break
3:15 – 4:30	Montana Examples of Prevention in Action Purpose: Share examples of good work underway in Montana and spark ideas.
4:30 – 5:00	The Challenge, the Opportunity Purpose: Set the stage of a collaborative effort through this planning process, present a vision of the impact, and close the day.
5:00-6:00	Reception and Resources

DAY 2 Work Group Planning Sessions

8:30-9:00	Introduction to the Day Purpose: Focus the day's work and connect it to yesterday, welcome to all.
9:00-9:30	Work Groups Agenda Review Purpose: Get oriented and connected in your work group
9:30 -10:15	Our Vision and Strategies for Successful Prevention Purpose: Identify what we want our collective efforts to achieve in 10 years and the successful impact on policies and environments.
10:15-10:30	Break
10:30 -12:00	Key Opportunities and 2-5-year Goals for Prevention Purpose: Share our analysis of what will help make successful changes for prevention, and identify our assets, resources and goals.
12:00	Lunch Buffet
12:45	Get Set for Afternoon Purpose: Share the goals and flag the cross-cutting and system-wide issues for possible inclusion in the afternoon's work
1:30	Setting Priorities and Plans for Implementation Purpose: Develop a 'can-do' plan for the next 2 years and 5 years, with agreements and offers to participate in implementation.
3:00 – 3:15	Break
3:15 -4:00	Closure Purpose: Review plans and issues that cut across work groups; review how the process will go forward.
4:00	Adjourn